I find it funny when people try to impress others by being up really early and appearing active. If you're up early its because, by the law of averages, you go to bed earlier than someone who gets later. You're just operating on a slightly different timing - it doesn't mean you're superman or superwoman. If you're going to bed later and getting up early, on a regular basis, then you're just stupid and it will catch up with you. The flesh is weak.

I'm up really early recently, which means I'm knackered by 8:30 pm. COVID-19 means no nursery for Jessica, which means we have to manage full time jobs and an 11 month old child. This means I look after her until midday and then work until 8 pm every night. It suits work well because my managers are in the west coast of the USA and two of my team are there as well. It doesn't suit my team members in China and Singapore, though, and I'm neglecting them a little at the moment.

So life is different now and it is hard to know when everything will return to normal. I went to get groceries today and it was the first time I'd driven anywhere in weeks. I miss normality - going to work, coffee shops, driving. Its weird that I don't miss people. I wonder if other people are missing other people.